STAY COMFORTABLE. STAY IN CONTROL.

Your Eco Shift Checklist

Complete each step to make sure your thermostat is ready for Eco Shift, so you can earn your cash reward.

efficiency NOVA SCOTIA

THE ECO SHIFT SEASON RUNS DEC. 1, 2026, TO FEB. 28, 2027.

1 START OF THE SEASON

- [ ] **Check the connection.**
  Open your thermostat's app. If you can control it there, you're connected. **Changed your Wi-Fi or modem?** You may need to reconnect.

  Have questions? Call Efficiency Nova Scotia at 1-877-999-6035.

- [ ] **Check the mode.**
  Your thermostat can only take part in events when it's in the right mode.

Baseboard thermostats	**Make sure they're on.**
Heat pump controllers	**Set to Heat or Auto.**

2 BEFORE AN EVENT

- [ ] **Watch for your event notification.**
  We'll send an email or text up to 24 hours before an event, and another when the event starts.

- [ ] **Check your smart-home apps.**
  Google Home, Apple Home or other apps that control your thermostat could override the Eco Shift event. You may need to cancel that programming for the event.

- [ ] **Expect slight preheating.**
  Before an event, your home may be warmed slightly to help keep you comfortable.

HAVE QUESTIONS?

Call us: 1-877-999-6035

Email us: ecoshift@efficiencyns.ca

3 DURING AN EVENT

- [ ] **Expect a small adjustment.**
  Your thermostat may be lowered by up to 2°C for up to four hours. For example, if your smart thermostat is set to 23°C, it may be lowered to no less than 21°C during the event.

- [ ] **If you're comfortable, let your thermostat complete the event.**
  Changing the temperature once warming or the event begins may interrupt participation.

- [ ] **Need to opt out? Simply adjust your thermostat. You're always in control.**
  As long as the majority of your thermostats are still participating in the event, it will count toward your season participation.

4 AFTER AN EVENT

- ⓘ **No action needed.**
  Your thermostat automatically returns to its pre-event setting.

5 ALL SEASON LONG

- [ ] **Earn your $30 cash reward.**
  Take part in at least 50% of eligible events, with at least 50% of your enrolled devices participating.

- [ ] **Stay comfortable. Stay in control.**
  Remember: if you're comfortable, let your thermostat complete the event. But if you need to adjust it or opt out, you can.

Turn over: what to expect before, during and after an event. →

WINTER 2026 TO 2027

What happens before, during and after an Eco Shift event.

$30

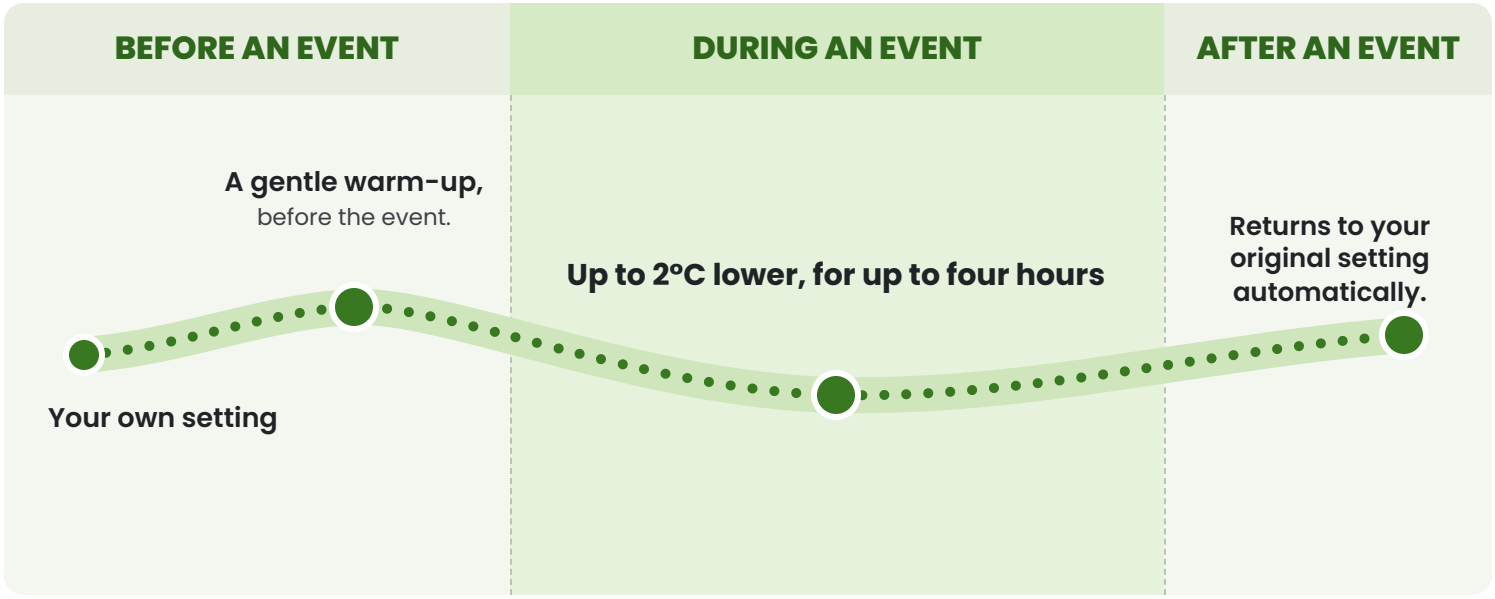
ACROSS THE SEASON: EARN YOUR $30

Take part in at least 50% of eligible events, with at least 50% of your enrolled devices participating.

TWO QUICK CHECKS

You can only participate if your thermostat is ready.

- [ ] **Connected.**
  Open your thermostat's app. If you can control it there, you're connected. Changed your Wi-Fi or modem? You may need to reconnect.
- [ ] **In the right mode.**
  Baseboard: Make sure the thermostat is on.
  Heat pump: Controller set to Heat or Auto.



The notice arrives

We'll send an email or text up to 24 hours before an event, and another when the event starts.

Watch your smart-home apps

Google Home, Apple Home or other apps that control your thermostat could override the Eco Shift event. You may need to cancel that programming for the event. Your thermostat's own schedule is fine.

A gentle warm-up

Before an event, your home may be warmed slightly to help keep you comfortable.

A small adjustment

Your thermostat may be lowered by up to 2°C for up to four hours. For example, if your smart thermostat is set to 23°C, it may be lowered to no less than 21°C during the event.

If you're comfortable, leave it

Changing the temperature once warming or the event begins may interrupt participation.

You're always in control

Need to opt out? Simply adjust your thermostat. As long as the majority of your thermostats are still participating in the event, it will count toward your season participation.

No action needed

Your thermostat goes back to its pre-event setting by itself.

Have questions about Eco Shift?
Efficiency Nova Scotia · 1-877-999-6035

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